

MEGA swim 26: Session: 1: COACH evaluation sheet for TEAM: FIRST

Coachinfo: Warming up from: 08:00 untill 08:45. Teamleadmeeting @ 08:45 The listed starttimes are indicative!

Coaches: Blom Dieter

Coaches: De Waele Lente

Coaches: Sys Justine HEADCOACH

Coaches: Van Breusegem Mathias

Coaches: De Noble Chloë

Coaches: De Noble Naomi

Coaches: Wielandt Pieter

Coaches: Van Heghe Margot

Coaches: De Wilde Maaïke

Coaches: Huberty Maren

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 1: 100M FREESTYLE MIXED 10-9			Heat:1, starttime: 09:00
Heat: 1/4 Lane : 3 Athlete: VAN DEN BRULLE EBE			Q-time: 99:99:99
PB (50m pool): no time			PB (25m pool): no time SB: no time
	5 0 M	1 0 0 M	
PB	no time	no time	
	no time		
			

Coach feedback:

Event number: 1: 100M FREESTYLE MIXED 10-9			Heat:2, starttime: 09:00
Heat: 2/4 Lane : 7 Athlete: VAN CAENEGEM LARS			Q-time: 99:99:99
PB (50m pool): 01:36.46 LOCHRISTI 25/01/2026			PB (25m pool): no time SB: 01:36.46 LOCHRISTI 25/01/2026
	5 0 M	1 0 0 M	
PB	no time	01:36.46	
	no time		
			

Coach feedback:

Event number: 1: 100M FREESTYLE MIXED 10-9			Heat:3, starttime: 09:05
Heat: 3/4 Lane : 6 Athlete: VANDENWEGHE THOMAS			Q-time: 01:35:57
PB (50m pool): 01:39.69 LOCHRISTI 25/01/2026			PB (25m pool): 01:35.57 SB: 01:39.69 LOCHRISTI 25/01/2026
	5 0 M	1 0 0 M	
PB	no time	01:39.69	
	no time		
			

Coach feedback:

MEGA swim 26: Session: 1: COACH evaluation sheet for TEAM: FIRST

Event number: 1: 100M FREESTYLE MIXED 10-9							Heat:3, starttime: 09:05			
Heat: 3/4 Lane : 9 Athlete: VAN HOECKE OONA							Q-time: 99:99:99			
PB (50m pool): 01:29.16 LOCHRISTI 25/01/2026				PB (25m pool): no time SB: 01:29.16 LOCHRISTI 25/01/2026						
	5 0 M		1 0 0 M							
PB	no time		01:29.16							
	no time									
										

Coach feedback:

Event number: 2: 400M FREESTYLE WOMEN 11-14							Heat:1, starttime: 09:10	
Heat: 1/7 Lane : 6 Athlete: VAN CAENEGEM FIEN							Q-time: 99:99:99	
PB (50m pool): 06:01.43 LOCHRISTI 25/01/2026			PB (25m pool): no time SB: 06:01.43 LOCHRISTI 25/01/2026					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	no time	01:24.54	no time	02:57.82	no time	no time	no time	06:01.43
	no time							
								

Coach feedback:

Event number: 2: 400M FREESTYLE WOMEN 11-14							Heat:3, starttime: 09:25	
Heat: 3/7 Lane : 1 Athlete: BAELE NORAH							Q-time: 06:11:69	
PB (50m pool): 05:48.26 LOCHRISTI 25/01/2026				PB (25m pool): 06:11.69SB: 05:48.26 LOCHRISTI 25/01/2026				
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	no time	01:24.27	no time	02:55.33	no time	no time	no time	05:48.26
	no time							
								

Coach feedback:

Event number: 2: 400M FREESTYLE WOMEN 11-14							Heat:4, starttime: 09:30	
Heat: 4/7 Lane : 8 Athlete: DE BACKER SOPHIE							Q-time: 05:59:14	
PB (50m pool): no time			PB (25m pool): 05:59.14SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	no time	no time	no time	no time	no time	no time	no time	no time
	no time							
								

Coach feedback:

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Event number: 2: 400M FREESTYLE WOMEN 11-14							Heat:5, starttime: 09:35	
Heat: 5/7 Lane : 4 Athlete: MENU NINA							Q-time: 05:21:35	
PB (50m pool): 05:58.56 Aalst 21/12/2024				PB (25m pool): 05:21.35 SB: no time				
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	00:40.18	01:25.46	02:11.97	02:59.88	03:45.13	04:31.74	05:15.57	05:58.56
	00:40.18	00:45.28	00:46.51	00:47.91	00:45.25	00:46.61	00:43.83	00:42.99
								

Coach feedback:

Event number: 2: 400M FREESTYLE WOMEN 11-14							Heat:5, starttime: 09:35	
Heat: 5/7 Lane : 5 Athlete: BOGAERT HANNE							Q-time: 05:21:91	
PB (50m pool): 05:21.91 Antwerpen 20/07/2025				PB (25m pool): 05:13.76 SB: no time				
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	00:36.82	01:17.48	01:58.78	02:40.49	03:21.35	04:03.33	04:43.82	05:21.91
	00:36.82	00:40.66	00:41.30	00:41.71	00:40.86	00:41.98	00:40.49	00:38.09
								

Coach feedback:

Event number: 2: 400M FREESTYLE WOMEN 11-14							Heat:6, starttime: 09:45	
Heat: 6/7 Lane : 1 Athlete: STORME IEME							Q-time: 05:17:52	
PB (50m pool): 05:37.01 Antwerpen 14/07/2024				PB (25m pool): 05:17.52SB: no time				
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	no time	no time	no time	no time	no time	no time	no time	05:37.01
	no time							
								

Coach feedback:

Event number: 2: 400M FREESTYLE WOMEN 11-14							Heat:6, starttime: 09:45	
Heat: 6/7 Lane : 6 Athlete: BEULENS LOTTE							Q-time: 05:15:68	
PB (50m pool): 05:15.68 Antwerpen 20/07/2025				PB (25m pool): 05:11.32SB: no time				
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	00:35.53	01:14.69	01:54.58	02:35.87	03:16.83	03:57.01	04:37.75	05:15.68
	00:35.53	00:39.16	00:39.89	00:41.29	00:40.96	00:40.18	00:40.74	00:37.93
								

Coach feedback:

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Event number: 3: 100M BUTTERFLY MEN 11-16			Heat:1, starttime: 09:55
Heat: 1/11 Lane : 0 Athlete: VAN KERKHOVE JORICK			Q-time: 99:99:99
PB (50m pool): no time PB (25m pool): no time SB: no time			
	5 0 M	1 0 0 M	
PB	no time	no time	
	no time		
			

Coach feedback:

Event number: 3: 100M BUTTERFLY MEN 11-16			Heat:1, starttime: 09:55
Heat: 1/11 Lane : 6 Athlete: MARGUTTI MAURO			Q-time: 99:99:99
PB (50m pool): no time PB (25m pool): no time SB: no time			
	5 0 M	1 0 0 M	
PB	no time	no time	
	no time		
			

Coach feedback:

Event number: 3: 100M BUTTERFLY MEN 11-16			Heat:1, starttime: 09:55
Heat: 1/11 Lane : 7 Athlete: DE PAUW JULES			Q-time: 99:99:99
PB (50m pool): no time PB (25m pool): no time SB: no time			
	5 0 M	1 0 0 M	
PB	no time	no time	
	no time		
			

Coach feedback:

Event number: 3: 100M BUTTERFLY MEN 11-16			Heat:2, starttime: 09:55
Heat: 2/11 Lane : 5 Athlete: GERRITSEN BRUNO			Q-time: 01:42:05
PB (50m pool): 01:42.05 Antwerpen 13/07/2025 PB (25m pool): no time SB: no time			
	5 0 M	1 0 0 M	
PB	00:45.51	01:42.05	
	00:45.51	00:56.54	
			

Coach feedback:

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Event number: 3: 100M BUTTERFLY MEN 11-16			Heat:3, starttime: 10:00
Heat: 3/11 Lane : 0 Athlete: DE CRAENE THIBE			Q-time: 01:37:50
PB (50m pool): 01:37.50 Lago Gent Rozebroeken 04/05/2025 PB (25m pool): 01:31.26 SB: no time			
	5 0 M	1 0 0 M	
PB	00:41.36	01:37.50	
	00:41.36	00:56.14	
			

Coach feedback:

Event number: 3: 100M BUTTERFLY MEN 11-16			Heat:4, starttime: 10:00
Heat: 4/11 Lane : 0 Athlete: DAEM JOPPE			Q-time: 01:31:16
PB (50m pool): 01:31.16 Lago Gent Rozebroeken 04/05/2025 PB (25m pool): 01:27.60 SB: no time			
	5 0 M	1 0 0 M	
PB	00:42.27	01:31.16	
	00:42.27	00:48.89	
			

Coach feedback:

Event number: 3: 100M BUTTERFLY MEN 11-16			Heat:4, starttime: 10:00
Heat: 4/11 Lane : 7 Athlete: MINNOYE TIEBE			Q-time: 01:28:86
PB (50m pool): 01:28.86 Antwerp 02/02/2025 PB (25m pool): 01:27.26 SB: no time			
	5 0 M	1 0 0 M	
PB	00:40.73	01:28.86	
	00:40.73	00:48.13	
			

Coach feedback:

Event number: 3: 100M BUTTERFLY MEN 11-16			Heat:5, starttime: 10:05
Heat: 5/11 Lane : 7 Athlete: HOSTE LARS			Q-time: 01:25:07
PB (50m pool): 01:25.07 Antwerpen 13/07/2025 PB (25m pool): 01:22.68 SB: no time			
	5 0 M	1 0 0 M	
PB	00:38.69	01:25.07	
	00:38.69	00:46.38	
			

Coach feedback:

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Event number: 3: 100M BUTTERFLY MEN 11-16			Heat:6, starttime: 10:05
Heat: 6/11 Lane : 7 Athlete: EL GHAZALI ADAM			Q-time: 01:20:33
PB (50m pool): 01:20.33 Antwerpen 13/07/2025			PB (25m pool): 01:15.52 SB: no time
	5 0 M	1 0 0 M	
PB	00:37.46	01:20.33	
	00:37.46	00:42.87	
			

Coach feedback:

Event number: 3: 100M BUTTERFLY MEN 11-16			Heat:8, starttime: 10:10
Heat: 8/11 Lane : 1 Athlete: LIEVENS TIEBE			Q-time: 01:14:07
PB (50m pool): 01:14.07 Zwembad Brigitte Becue 30/05/2025			PB (25m pool): 01:09.74 SB: no time
	5 0 M	1 0 0 M	
PB	00:32.30	01:14.07	
	00:32.30	00:41.77	
			

Coach feedback:

Event number: 3: 100M BUTTERFLY MEN 11-16			Heat:8, starttime: 10:10
Heat: 8/11 Lane : 4 Athlete: BEERNAERT DAAN			Q-time: 01:12:09
PB (50m pool): 01:12.09 Antwerpen 13/07/2025			PB (25m pool): 01:05.67 SB: no time
	5 0 M	1 0 0 M	
PB	00:32.56	01:12.09	
	00:32.56	00:39.53	
			

Coach feedback:

Event number: 3: 100M BUTTERFLY MEN 11-16			Heat:8, starttime: 10:10
Heat: 8/11 Lane : 5 Athlete: VANNIEUWENHUYSE LOïc			Q-time: 01:12:71
PB (50m pool): 01:12.71 Olympic Pool Wezenberg, Antwer 30/03/2025			PB (25m pool): 01:11.45 SB: no time
	5 0 M	1 0 0 M	
PB	00:33.35	01:12.71	
	00:33.35	00:39.36	
			

Coach feedback:

MEGA swim 26: Session: 1: COACH evaluation sheet for TEAM: FIRST

Event number: 3: 100M BUTTERFLY MEN 11-16			Heat:9, starttime: 10:10
Heat: 9/11 Lane : 4 Athlete: DE BIE DAAN			Q-time: 01:09:23
PB (50m pool): 01:09.23 Lago Gent Rozebroeken 04/05/2025 PB (25m pool): 01:06.36 SB: no time			
	5 0 M	1 0 0 M	
PB	00:31.01	01:09.23	
	00:31.01	00:38.22	
			

Coach feedback:

Event number: 3: 100M BUTTERFLY MEN 11-16			Heat:10, starttime: 10:10
Heat: 10/11 Lane : 7 Athlete: VAN TRICHT FINN			Q-time: 01:07:89
PB (50m pool): 01:17.99 Zwembad Brigitte Becue Oostend 10/05/2025 PB (25m pool): 01:07.89 SB: no time			
	5 0 M	1 0 0 M	
PB	no time	01:17.99	
	no time		
			

Coach feedback:

Event number: 4: 100M BREASTSTROKE WOMEN 11-16			Heat:2, starttime: 10:20
Heat: 2/18 Lane : 0 Athlete: BOON MARGOT			Q-time: 99:99:99
PB (50m pool): no time PB (25m pool): no time SB: no time			
	5 0 M	1 0 0 M	
PB	no time	no time	
	no time		
			

Coach feedback:

Event number: 4: 100M BREASTSTROKE WOMEN 11-16			Heat:3, starttime: 10:20
Heat: 3/18 Lane : 0 Athlete: AKMAN REZZAN			Q-time: 99:99:99
PB (50m pool): no time PB (25m pool): no time SB: no time			
	5 0 M	1 0 0 M	
PB	no time	no time	
	no time		
			

Coach feedback:

MEGA swim 26: Session: 1: COACH evaluation sheet for TEAM: FIRST

Event number: 4: 100M BREASTSTROKE WOMEN 11-16			Heat:3, starttime: 10:20
Heat: 3/18 Lane : 6 Athlete: BRUNET MAXIME			Q-time: 01:59:42
PB (50m pool): 01:59.42 Zwembad Brigitte Becue 30/05/2025 PB (25m pool): 01:56.12 SB: no time			
	5 0 M	1 0 0 M	
PB	00:57.96	01:59.42	
	00:57.96	01:01.46	
			

Coach feedback:

Event number: 4: 100M BREASTSTROKE WOMEN 11-16			Heat:3, starttime: 10:20
Heat: 3/18 Lane : 8 Athlete: VERBUSTEL LORE			Q-time: 99:99:99
PB (50m pool): no time PB (25m pool): no time SB: no time			
	5 0 M	1 0 0 M	
PB	no time	no time	
	no time		
			

Coach feedback:

Event number: 4: 100M BREASTSTROKE WOMEN 11-16			Heat:3, starttime: 10:20
Heat: 3/18 Lane : 9 Athlete: BAEYENS EMKE			Q-time: 99:99:99
PB (50m pool): no time PB (25m pool): no time SB: no time			
	5 0 M	1 0 0 M	
PB	no time	no time	
	no time		
			

Coach feedback:

Event number: 4: 100M BREASTSTROKE WOMEN 11-16			Heat:4, starttime: 10:25
Heat: 4/18 Lane : 2 Athlete: HERREGODS INE			Q-time: 01:54:00
PB (50m pool): no time PB (25m pool): 01:54.00 SB: no time			
	5 0 M	1 0 0 M	
PB	no time	no time	
	no time		
			

Coach feedback:

MEGA swim 26: Session: 1: COACH evaluation sheet for TEAM: FIRST

Event number: 4: 100M BREASTSTROKE WOMEN 11-16			Heat:4, starttime: 10:25
Heat: 4/18 Lane : 9 Athlete: VAN LAETHEM ALEXIS			Q-time: 01:56:50
PB (50m pool): no time			PB (25m pool): 01:56.50 SB: no time
	5 0 M	1 0 0 M	
PB	no time	no time	
	no time		
			

Coach feedback:

Event number: 4: 100M BREASTSTROKE WOMEN 11-16			Heat:5, starttime: 10:25
Heat: 5/18 Lane : 3 Athlete: UVYN AURÉLIE			Q-time: 01:49:03
PB (50m pool): 01:49.03 Antwerpen 13/07/2025			PB (25m pool): 01:42.47 SB: no time
	5 0 M	1 0 0 M	
PB	00:51.43	01:49.03	
	00:51.43	00:57.60	
			

Coach feedback:

Event number: 4: 100M BREASTSTROKE WOMEN 11-16			Heat:5, starttime: 10:25
Heat: 5/18 Lane : 9 Athlete: VAN DEN BRULLE MANE			Q-time: 01:52:06
PB (50m pool): 01:52.06 Zwembad Brigitte Becue 30/05/2025			PB (25m pool): 01:42.26 SB: no time
	5 0 M	1 0 0 M	
PB	00:52.38	01:52.06	
	00:52.38	00:59.68	
			

Coach feedback:

Event number: 4: 100M BREASTSTROKE WOMEN 11-16			Heat:6, starttime: 10:30
Heat: 6/18 Lane : 2 Athlete: DEPESTELE GITTE			Q-time: 01:46:26
PB (50m pool): 01:46.26 Lago Gent Rozebroeken 04/05/2025			PB (25m pool): 01:40.68 SB: no time
	5 0 M	1 0 0 M	
PB	00:48.55	01:46.26	
	00:48.55	00:57.71	
			

Coach feedback:

MEGA swim 26: Session: 1: COACH evaluation sheet for TEAM: FIRST

Event number: 4: 100M BREASTSTROKE WOMEN 11-16			Heat:6, starttime: 10:30
Heat: 6/18 Lane : 3 Athlete: HAMID ROYAH			Q-time: 01:45:17
PB (50m pool): 01:45.17 Lago Gent Rozebroeken 04/05/2025 PB (25m pool): 01:45.43 SB: no time			
	5 0 M	1 0 0 M	
PB	00:48.77	01:45.17	
	00:48.77	00:56.40	
			

Coach feedback:

Event number: 4: 100M BREASTSTROKE WOMEN 11-16			Heat:7, starttime: 10:30
Heat: 7/18 Lane : 1 Athlete: DAEM HANNELISE			Q-time: 01:44:11
PB (50m pool): 01:44.11 Antwerp 02/02/2025 PB (25m pool): 01:37.98 SB: no time			
	5 0 M	1 0 0 M	
PB	00:49.89	01:44.11	
	00:49.89	00:54.22	
			

Coach feedback:

Event number: 4: 100M BREASTSTROKE WOMEN 11-16			Heat:7, starttime: 10:30
Heat: 7/18 Lane : 3 Athlete: DE ROYE YELENA			Q-time: 01:43:52
PB (50m pool): 01:46.79 Antwerpen 14/07/2024 PB (25m pool): 01:43.52 SB: no time			
	5 0 M	1 0 0 M	
PB	no time	01:46.79	
	no time		
			

Coach feedback:

Event number: 4: 100M BREASTSTROKE WOMEN 11-16			Heat:7, starttime: 10:30
Heat: 7/18 Lane : 5 Athlete: SUY NORA			Q-time: 01:43:41
PB (50m pool): 01:43.41 Antwerpen 20/07/2025 PB (25m pool): 01:42.06 SB: no time			
	5 0 M	1 0 0 M	
PB	00:50.25	01:43.41	
	00:50.25	00:53.16	
			

Coach feedback:

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Event number: 4: 100M BREASTSTROKE WOMEN 11-16			Heat:7, starttime: 10:30
Heat: 7/18 Lane : 6 Athlete: RUTTEN LEONIE			Q-time: 01:43:72
PB (50m pool): 01:43.72 WACHTEBEKE 19/01/2025			PB (25m pool): 01:35.85 SB: no time
	5 0 M	1 0 0 M	
PB	no time	01:43.72	
	no time		
			

Coach feedback:

Event number: 4: 100M BREASTSTROKE WOMEN 11-16			Heat:8, starttime: 10:30
Heat: 8/18 Lane : 9 Athlete: BEKAERT SOPHIA			Q-time: 01:43:10
PB (50m pool): 01:43.10 Antwerpen 13/07/2025			PB (25m pool): 01:44.02 SB: no time
	5 0 M	1 0 0 M	
PB	00:49.65	01:43.10	
	00:49.65	00:53.45	
			

Coach feedback:

Event number: 4: 100M BREASTSTROKE WOMEN 11-16			Heat:9, starttime: 10:35
Heat: 9/18 Lane : 2 Athlete: VANCAYZEELE MARGAUX			Q-time: 01:40:34
PB (50m pool): 01:40.34 Aalst 11/05/2025			PB (25m pool): 01:31.11 SB: no time
	5 0 M	1 0 0 M	
PB	00:47.59	01:40.34	
	00:47.59	00:52.75	
			

Coach feedback:

Event number: 4: 100M BREASTSTROKE WOMEN 11-16			Heat:9, starttime: 10:35
Heat: 9/18 Lane : 6 Athlete: VERBERT KAAT			Q-time: 01:40:06
PB (50m pool): 01:40.06 Zwembad Brigitte Becue 30/05/2025			PB (25m pool): 01:34.92 SB: no time
	5 0 M	1 0 0 M	
PB	00:47.20	01:40.06	
	00:47.20	00:52.86	
			

Coach feedback:

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Event number: 4: 100M BREASTSTROKE WOMEN 11-16			Heat:9, starttime: 10:35
Heat: 9/18 Lane : 8 Athlete: GALMART HAYLEY			Q-time: 01:40:92
PB (50m pool): 01:40.92 Antwerpen 13/07/2025			PB (25m pool): 01:38.15 SB: no time
	5 0 M	1 0 0 M	
PB	00:48.97	01:40.92	
	00:48.97	00:51.95	
			

Coach feedback:

Event number: 4: 100M BREASTSTROKE WOMEN 11-16			Heat:10, starttime: 10:35
Heat: 10/18 Lane : 2 Athlete: NGABO ANNABELLE			Q-time: 01:38:67
PB (50m pool): 01:38.67 Antwerpen 13/07/2025			PB (25m pool): 01:36.69 SB: no time
	5 0 M	1 0 0 M	
PB	00:47.97	01:38.67	
	00:47.97	00:50.70	
			

Coach feedback:

Event number: 4: 100M BREASTSTROKE WOMEN 11-16			Heat:10, starttime: 10:35
Heat: 10/18 Lane : 8 Athlete: DE GRIEVE ONA			Q-time: 01:39:01
PB (50m pool): 01:31.53 Antwerpen 14/07/2024			PB (25m pool): 01:31.29 SB: no time
	5 0 M	1 0 0 M	
PB	no time	01:31.53	
	no time		
			

Coach feedback:

Event number: 4: 100M BREASTSTROKE WOMEN 11-16			Heat:11, starttime: 10:40
Heat: 11/18 Lane : 2 Athlete: CANTRé EMILIE			Q-time: 01:36:17
PB (50m pool): 01:40.15 Antwerp 04/02/2024			PB (25m pool): 01:33.45 SB: no time
	5 0 M	1 0 0 M	
PB	no time	01:40.15	
	no time		
			

Coach feedback:

MEGA swim 26: Session: 1: COACH evaluation sheet for TEAM: FIRST

Event number: 4: 100M BREASTSTROKE WOMEN 11-16			Heat:11, starttime: 10:40
Heat: 11/18 Lane : 8 Athlete: DEGRANDE AN			Q-time: 01:37:09
PB (50m pool): 01:35.20 Lago Gent Rozebroeken 05/05/2024 PB (25m pool): 01:31.32 SB: no time			
	5 0 M	1 0 0 M	
PB	no time	01:35.20	
	no time		
			

Coach feedback:

Event number: 4: 100M BREASTSTROKE WOMEN 11-16			Heat:11, starttime: 10:40
Heat: 11/18 Lane : 9 Athlete: VELGHE LAUREN			Q-time: 01:37:26
PB (50m pool): 01:37.26 Antwerp 02/02/2025 PB (25m pool): 01:31.73 SB: no time			
	5 0 M	1 0 0 M	
PB	00:47.13	01:37.26	
	00:47.13	00:50.13	
			

Coach feedback:

Event number: 4: 100M BREASTSTROKE WOMEN 11-16			Heat:12, starttime: 10:40
Heat: 12/18 Lane : 6 Athlete: DE WEVER LAURA			Q-time: 01:34:10
PB (50m pool): 01:34.04 Lago Gent Rozebroeken 07/05/2023 PB (25m pool): 01:28.57 SB: no time			
	5 0 M	1 0 0 M	
PB	no time	01:34.04	
	no time		
			

Coach feedback:

Event number: 4: 100M BREASTSTROKE WOMEN 11-16			Heat:13, starttime: 10:40
Heat: 13/18 Lane : 7 Athlete: DE BIE LIZE			Q-time: 01:32:90
PB (50m pool): 01:32.90 Antwerpen 20/07/2025 PB (25m pool): 01:30.82 SB: no time			
	5 0 M	1 0 0 M	
PB	00:44.69	01:32.90	
	00:44.69	00:48.21	
			

Coach feedback:

MEGA swim 26: Session: 1: COACH evaluation sheet for TEAM: FIRST

Event number: 4: 100M BREASTSTROKE WOMEN 11-16			Heat:14, starttime: 10:45
Heat: 14/18 Lane : 9 Athlete: VAN GHELUE RINSKE			Q-time: 01:31:58
PB (50m pool): 01:29.86 Antwerpen 14/07/2024			PB (25m pool): 01:28.39 SB: no time
	5 0 M	1 0 0 M	
PB	no time	01:29.86	
	no time		
			

Coach feedback:

Event number: 4: 100M BREASTSTROKE WOMEN 11-16			Heat:17, starttime: 10:50
Heat: 17/18 Lane : 2 Athlete: DE SMAELE KENZA			Q-time: 01:23:44
PB (50m pool): 01:23.44 Olympic Pool Wezenberg, Antwer 30/03/2024			PB (25m pool): 01:21.55 SB: no time
	5 0 M	1 0 0 M	
PB	00:38.40	01:23.44	
	00:38.40	00:45.04	
			

Coach feedback:

Event number: 5: 100M FREESTYLE MEN 11-16			Heat:1, starttime: 10:55
Heat: 1/19 Lane : 1 Athlete: BOGAERT OSCAR			Q-time: 99:99:99
PB (50m pool): no time			PB (25m pool): no time SB: no time
	5 0 M	1 0 0 M	
PB	no time	no time	
	no time		
			

Coach feedback:

Event number: 5: 100M FREESTYLE MEN 11-16			Heat:1, starttime: 10:55
Heat: 1/19 Lane : 2 Athlete: DE VEERMAN ILAN			Q-time: 99:99:99
PB (50m pool): no time			PB (25m pool): no time SB: no time
	5 0 M	1 0 0 M	
PB	no time	no time	
	no time		
			

Coach feedback:

MEGA swim 26: Session: 1: COACH evaluation sheet for TEAM: FIRST

Event number: 5: 100M FREESTYLE MEN 11-16			Heat:2, starttime: 10:55
Heat: 2/19 Lane : 0 Athlete: MATAIGNE MICHEL			Q-time: 99:99:99
PB (50m pool): no time PB (25m pool): no time SB: no time			
	5 0 M	1 0 0 M	
PB	no time	no time	
	no time		
			

Coach feedback:

Event number: 5: 100M FREESTYLE MEN 11-16			Heat:2, starttime: 10:55
Heat: 2/19 Lane : 5 Athlete: DE KEIJSER STAF			Q-time: 99:99:99
PB (50m pool): no time PB (25m pool): no time SB: no time			
	5 0 M	1 0 0 M	
PB	no time	no time	
	no time		
			

Coach feedback:

Event number: 5: 100M FREESTYLE MEN 11-16			Heat:2, starttime: 10:55
Heat: 2/19 Lane : 9 Athlete: MILLET NOAH			Q-time: 99:99:99
PB (50m pool): no time PB (25m pool): no time SB: no time			
	5 0 M	1 0 0 M	
PB	no time	no time	
	no time		
			

Coach feedback:

Event number: 5: 100M FREESTYLE MEN 11-16			Heat:3, starttime: 11:00
Heat: 3/19 Lane : 6 Athlete: DE CRAENE NATHEN			Q-time: 01:34:76
PB (50m pool): no time PB (25m pool): 01:34.76 SB: no time			
	5 0 M	1 0 0 M	
PB	no time	no time	
	no time		
			

Coach feedback:

MEGA swim 26: Session: 1: COACH evaluation sheet for TEAM: FIRST

Event number: 5: 100M FREESTYLE MEN 11-16			Heat:3, starttime: 11:00
Heat: 3/19 Lane : 8 Athlete: DE KEIJSER RAF			Q-time: 99:99:99
PB (50m pool): no time PB (25m pool): no time SB: no time			
	5 0 M	1 0 0 M	
PB	no time	no time	
	no time		
			

Coach feedback:

Event number: 5: 100M FREESTYLE MEN 11-16			Heat:4, starttime: 11:00
Heat: 4/19 Lane : 0 Athlete: VERMEIR CAS			Q-time: 01:31:31
PB (50m pool): 01:31.31 Lago Gent Rozebroeken 04/05/2025 PB (25m pool): 01:25.26 SB: no time			
	5 0 M	1 0 0 M	
PB	00:42.74	01:31.31	
	00:42.74	00:48.57	
			

Coach feedback:

Event number: 5: 100M FREESTYLE MEN 11-16			Heat:4, starttime: 11:00
Heat: 4/19 Lane : 1 Athlete: VEYS ARTHUR			Q-time: 01:30:80
PB (50m pool): 01:30.80 Lago Gent Rozebroeken 04/05/2025 PB (25m pool): 01:28.73 SB: no time			
	5 0 M	1 0 0 M	
PB	00:42.11	01:30.80	
	00:42.11	00:48.69	
			

Coach feedback:

Event number: 5: 100M FREESTYLE MEN 11-16			Heat:4, starttime: 11:00
Heat: 4/19 Lane : 2 Athlete: COSYN MATS			Q-time: 01:27:35
PB (50m pool): no time PB (25m pool): 01:27.35 SB: no time			
	5 0 M	1 0 0 M	
PB	no time	no time	
	no time		
			

Coach feedback:

MEGA swim 26: Session: 1: COACH evaluation sheet for TEAM: FIRST

Event number: 5: 100M FREESTYLE MEN 11-16			Heat:5, starttime: 11:00
Heat: 5/19 Lane : 1 Athlete: TRIEST JULES			Q-time: 01:23:96
PB (50m pool): 01:23.96 Antwerpen 13/07/2025			PB (25m pool): 01:19.66 SB: no time
	5 0 M	1 0 0 M	
PB	00:40.12	01:23.96	
	00:40.12	00:43.84	
			

Coach feedback:

Event number: 5: 100M FREESTYLE MEN 11-16			Heat:5, starttime: 11:00
Heat: 5/19 Lane : 2 Athlete: ACKE MANU			Q-time: 01:22:89
PB (50m pool): 01:22.89 Lago Gent Rozebroeken 04/05/2025			PB (25m pool): 01:21.02 SB: no time
	5 0 M	1 0 0 M	
PB	00:40.11	01:22.89	
	00:40.11	00:42.78	
			

Coach feedback:

Event number: 5: 100M FREESTYLE MEN 11-16			Heat:5, starttime: 11:00
Heat: 5/19 Lane : 5 Athlete: COESSENS KOBE			Q-time: 01:21:67
PB (50m pool): 01:21.67 Zwembad Brigitte Becue 30/05/2025			PB (25m pool): 01:18.44 SB: no time
	5 0 M	1 0 0 M	
PB	00:38.26	01:21.67	
	00:38.26	00:43.41	
			

Coach feedback:

Event number: 5: 100M FREESTYLE MEN 11-16			Heat:7, starttime: 11:05
Heat: 7/19 Lane : 4 Athlete: TIMMERMANS THEO			Q-time: 01:15:73
PB (50m pool): 01:10.99 LOCHRISTI 25/01/2026			PB (25m pool): 01:10.21 SB: 01:10.99 LOCHRISTI 25/01/2026
	5 0 M	1 0 0 M	
PB	no time	01:10.99	
	no time		
			

Coach feedback:

MEGA swim 26: Session: 1: COACH evaluation sheet for TEAM: FIRST

Event number: 5: 100M FREESTYLE MEN 11-16			Heat:7, starttime: 11:05
Heat: 7/19 Lane : 7 Athlete: MARGUTTI MAURO			Q-time: 01:16:09
PB (50m pool): no time			PB (25m pool): 01:16.09 SB: no time
	5 0 M	1 0 0 M	
PB	no time	no time	
	no time		
			

Coach feedback:

Event number: 5: 100M FREESTYLE MEN 11-16			Heat:7, starttime: 11:05
Heat: 7/19 Lane : 8 Athlete: MILLET LUCAS			Q-time: 01:16:30
PB (50m pool): 01:16.30 Lago Gent Rozebroeken 04/05/2025			PB (25m pool): 01:14.56 SB: no time
	5 0 M	1 0 0 M	
PB	00:35.87	01:16.30	
	00:35.87	00:40.43	
			

Coach feedback:

Event number: 5: 100M FREESTYLE MEN 11-16			Heat:8, starttime: 11:05
Heat: 8/19 Lane : 7 Athlete: DE CRAENE THIBE			Q-time: 01:14:66
PB (50m pool): 01:14.66 Antwerpen 13/07/2025			PB (25m pool): 01:13.72 SB: no time
	5 0 M	1 0 0 M	
PB	00:35.71	01:14.66	
	00:35.71	00:38.95	
			

Coach feedback:

Event number: 5: 100M FREESTYLE MEN 11-16			Heat:9, starttime: 11:10
Heat: 9/19 Lane : 2 Athlete: BECK STANN			Q-time: 01:11:70
PB (50m pool): 01:11.70 Antwerpen 20/07/2025			PB (25m pool): 01:10.04 SB: no time
	5 0 M	1 0 0 M	
PB	00:34.89	01:11.70	
	00:34.89	00:36.81	
			

Coach feedback:

MEGA swim 26: Session: 1: COACH evaluation sheet for TEAM: FIRST

Event number: 5: 100M FREESTYLE MEN 11-16			Heat:9, starttime: 11:10
Heat: 9/19 Lane : 5 Athlete: MINNOYE TIEBE			Q-time: 01:11:43
PB (50m pool): 01:11.43 Antwerpen 13/07/2025			PB (25m pool): 01:09.08 SB: no time
	5 0 M	1 0 0 M	
PB	00:34.29	01:11.43	
	00:34.29	00:37.14	
			

Coach feedback:

Event number: 5: 100M FREESTYLE MEN 11-16			Heat:9, starttime: 11:10
Heat: 9/19 Lane : 7 Athlete: TRIEST LOUIS			Q-time: 01:11:79
PB (50m pool): 01:11.79 Lago Gent Rozebroeken 04/05/2025			PB (25m pool): 01:11.30 SB: no time
	5 0 M	1 0 0 M	
PB	00:33.96	01:11.79	
	00:33.96	00:37.83	
			

Coach feedback:

Event number: 5: 100M FREESTYLE MEN 11-16			Heat:10, starttime: 11:10
Heat: 10/19 Lane : 1 Athlete: DE PAUW JULES			Q-time: 01:10:84
PB (50m pool): 01:10.84 Antwerpen 13/07/2025			PB (25m pool): 01:15.81 SB: no time
	5 0 M	1 0 0 M	
PB	00:33.95	01:10.84	
	00:33.95	00:36.89	
			

Coach feedback:

Event number: 5: 100M FREESTYLE MEN 11-16			Heat:10, starttime: 11:10
Heat: 10/19 Lane : 8 Athlete: DE CHAMPS LOÏC			Q-time: 01:10:89
PB (50m pool): 01:10.89 Lago Gent Rozebroeken 04/05/2025			PB (25m pool): 01:06.62 SB: no time
	5 0 M	1 0 0 M	
PB	00:34.20	01:10.89	
	00:34.20	00:36.69	
			

Coach feedback:

MEGA swim 26: Session: 1: COACH evaluation sheet for TEAM: FIRST

Event number: 5: 100M FREESTYLE MEN 11-16			Heat:11, starttime: 11:10
Heat: 11/19 Lane : 0 Athlete: CASTEUR NICOLAS			Q-time: 01:09:38
PB (50m pool): 01:09.38 Antwerpen 13/07/2025			PB (25m pool): 01:05.55 SB: no time
	5 0 M	1 0 0 M	
PB	00:32.89	01:09.38	
	00:32.89	00:36.49	
			

Coach feedback:

Event number: 5: 100M FREESTYLE MEN 11-16			Heat:11, starttime: 11:10
Heat: 11/19 Lane : 2 Athlete: HOSTE LARS			Q-time: 01:09:15
PB (50m pool): 01:06.04 LOCHRISTI 25/01/2026			PB (25m pool): 01:03.20 SB: 01:06.04 LOCHRISTI 25/01/2026
	5 0 M	1 0 0 M	
PB	no time	01:06.04	
	no time		
			

Coach feedback:

Event number: 5: 100M FREESTYLE MEN 11-16			Heat:11, starttime: 11:10
Heat: 11/19 Lane : 6 Athlete: UVYN MAXIM			Q-time: 01:08:98
PB (50m pool): 01:08.98 Antwerpen 13/07/2025			PB (25m pool): 01:04.75 SB: no time
	5 0 M	1 0 0 M	
PB	00:33.19	01:08.98	
	00:33.19	00:35.79	
			

Coach feedback:

Event number: 5: 100M FREESTYLE MEN 11-16			Heat:14, starttime: 11:15
Heat: 14/19 Lane : 7 Athlete: EL GHAZALI ADAM			Q-time: 01:05:21
PB (50m pool): 01:05.21 Antwerpen 13/07/2025			PB (25m pool): 01:02.79 SB: no time
	5 0 M	1 0 0 M	
PB	00:30.41	01:05.21	
	00:30.41	00:34.80	
			

Coach feedback:

MEGA swim 26: Session: 1: COACH evaluation sheet for TEAM: FIRST

Event number: 5: 100M FREESTYLE MEN 11-16			Heat:15, starttime: 11:20
Heat: 15/19 Lane : 2 Athlete: VANNIEUWENHUYSE LOïC			Q-time: 01:03:27
PB (50m pool): 01:03.27 Olympic Pool Wezenberg, Antwer 30/07/2025 PB (25m pool): 01:01.59 SB: no time			
	5 0 M	1 0 0 M	
PB	00:30.42	01:03.27	
	00:30.42	00:32.85	
			

Coach feedback:

Event number: 5: 100M FREESTYLE MEN 11-16			Heat:16, starttime: 11:20
Heat: 16/19 Lane : 0 Athlete: BEERNAERT DAAN			Q-time: 01:02:27
PB (50m pool): 01:02.27 Antwerpen 13/07/2025 PB (25m pool): 00:58.41 SB: no time			
	5 0 M	1 0 0 M	
PB	00:29.82	01:02.27	
	00:29.82	00:32.45	
			

Coach feedback:

Event number: 5: 100M FREESTYLE MEN 11-16			Heat:16, starttime: 11:20
Heat: 16/19 Lane : 2 Athlete: LIEVENS TIEBE			Q-time: 01:01:74
PB (50m pool): 01:01.74 Antwerp 02/02/2025 PB (25m pool): 00:57.98 SB: no time			
	5 0 M	1 0 0 M	
PB	00:29.60	01:01.74	
	00:29.60	00:32.14	
			

Coach feedback:

Event number: 5: 100M FREESTYLE MEN 11-16			Heat:17, starttime: 11:20
Heat: 17/19 Lane : 9 Athlete: DE CRAENE MATTHIS			Q-time: 01:00:53
PB (50m pool): 01:00.53 Aalst 11/05/2025 PB (25m pool): 00:59.85 SB: no time			
	5 0 M	1 0 0 M	
PB	00:29.78	01:00.53	
	00:29.78	00:30.75	
			

Coach feedback:

MEGA swim 26: Session: 1: COACH evaluation sheet for TEAM: FIRST

Event number: 5: 100M FREESTYLE MEN 11-16			Heat:18, starttime: 11:25
Heat: 18/19 Lane : 4 Athlete: VANCAYZEELE THIBAU			Q-time: 00:57:83
PB (50m pool): 00:57.83 Antwerpen 13/07/2025			PB (25m pool): 00:56.41 SB: no time
	5 0 M	1 0 0 M	
PB	00:28.05	00:57.83	
	00:28.05	00:29.78	
			

Coach feedback:

Event number: 5: 100M FREESTYLE MEN 11-16			Heat:19, starttime: 11:25
Heat: 19/19 Lane : 9 Athlete: VAN TRICHT FINN			Q-time: 00:57:12
PB (50m pool): 00:57.12 Antwerpen 27/07/2025			PB (25m pool): 00:55.88 SB: no time
	5 0 M	1 0 0 M	
PB	00:27.50	00:57.12	
	00:27.50	00:29.62	
			

Coach feedback:

Event number: 6: 100M BACKSTROKE WOMEN 11-16			Heat:1, starttime: 11:25
Heat: 1/21 Lane : 4 Athlete: BOON MARGOT			Q-time: 99:99:99
PB (50m pool): no time			PB (25m pool): no time SB: no time
	5 0 M	1 0 0 M	
PB	no time	no time	
	no time		
			

Coach feedback:

Event number: 6: 100M BACKSTROKE WOMEN 11-16			Heat:1, starttime: 11:25
Heat: 1/21 Lane : 7 Athlete: VERBUSTEL LORE			Q-time: 99:99:99
PB (50m pool): 01:39.81 LOCHRISTI 25/01/2026			PB (25m pool): no time SB: 01:39.81 LOCHRISTI 25/01/2026
	5 0 M	1 0 0 M	
PB	no time	01:39.81	
	no time		
			

Coach feedback:

MEGA swim 26: Session: 1: COACH evaluation sheet for TEAM: FIRST

Event number: 6: 100M BACKSTROKE WOMEN 11-16			Heat:2, starttime: 11:30
Heat: 2/21 Lane : 7 Athlete: AKMAN REZZAN			Q-time: 99:99:99
PB (50m pool): no time			PB (25m pool): no time SB: no time
	5 0 M	1 0 0 M	
PB	no time	no time	
	no time		
			

Coach feedback:

Event number: 6: 100M BACKSTROKE WOMEN 11-16			Heat:3, starttime: 11:30
Heat: 3/21 Lane : 4 Athlete: VAN LAETHEM ALEXIS			Q-time: 01:43:35
PB (50m pool): 01:51.65 LOCHRISTI 25/01/2026			PB (25m pool): 01:43.35 SB: 01:51.65 LOCHRISTI 25/01/2026
	5 0 M	1 0 0 M	
PB	no time	01:51.65	
	no time		
			

Coach feedback:

Event number: 6: 100M BACKSTROKE WOMEN 11-16			Heat:3, starttime: 11:30
Heat: 3/21 Lane : 8 Athlete: BAEYENS EMKE			Q-time: 99:99:99
PB (50m pool): 01:43.50 LOCHRISTI 25/01/2026			PB (25m pool): no time SB: 01:43.50 LOCHRISTI 25/01/2026
	5 0 M	1 0 0 M	
PB	no time	01:43.50	
	no time		
			

Coach feedback:

Event number: 6: 100M BACKSTROKE WOMEN 11-16			Heat:4, starttime: 11:35
Heat: 4/21 Lane : 2 Athlete: BAELE NORAH			Q-time: 01:41:05
PB (50m pool): 01:32.37 LOCHRISTI 25/01/2026			PB (25m pool): 01:40.56 SB: 01:32.37 LOCHRISTI 25/01/2026
	5 0 M	1 0 0 M	
PB	no time	01:32.37	
	no time		
			

Coach feedback:

MEGA swim 26: Session: 1: COACH evaluation sheet for TEAM: FIRST

Event number: 6: 100M BACKSTROKE WOMEN 11-16			Heat:4, starttime: 11:35
Heat: 4/21 Lane : 6 Athlete: GALMART HAYLEY			Q-time: 01:41:04
PB (50m pool): 01:33.58 LOCHRISTI 25/01/2026			PB (25m pool): 01:38.56 SB: 01:33.58 LOCHRISTI 25/01/2026
	5 0 M	1 0 0 M	
PB	no time	01:33.58	
	no time		
			

Coach feedback:

Event number: 6: 100M BACKSTROKE WOMEN 11-16			Heat:5, starttime: 11:35
Heat: 5/21 Lane : 0 Athlete: BEKAERT SOPHIA			Q-time: 01:39:02
PB (50m pool): 01:39.02 Antwerpen 13/07/2025			PB (25m pool): 01:40.64 SB: no time
	5 0 M	1 0 0 M	
PB	00:50.01	01:39.02	
	00:50.01	00:49.01	
			

Coach feedback:

Event number: 6: 100M BACKSTROKE WOMEN 11-16			Heat:5, starttime: 11:35
Heat: 5/21 Lane : 2 Athlete: UVYN AURÉLIE			Q-time: 01:37:67
PB (50m pool): 01:30.32 LOCHRISTI 25/01/2026			PB (25m pool): 01:34.14 SB: 01:30.32 LOCHRISTI 25/01/2026
	5 0 M	1 0 0 M	
PB	no time	01:30.32	
	no time		
			

Coach feedback:

Event number: 6: 100M BACKSTROKE WOMEN 11-16			Heat:6, starttime: 11:40
Heat: 6/21 Lane : 4 Athlete: VAN DEN BRULLE MANE			Q-time: 01:33:84
PB (50m pool): 01:33.63 LOCHRISTI 25/01/2026			PB (25m pool): 01:31.00 SB: 01:33.63 LOCHRISTI 25/01/2026
	5 0 M	1 0 0 M	
PB	no time	01:33.63	
	no time		
			

Coach feedback:

MEGA swim 26: Session: 1: COACH evaluation sheet for TEAM: FIRST

Event number: 6: 100M BACKSTROKE WOMEN 11-16			Heat:6, starttime: 11:40
Heat: 6/21 Lane : 6 Athlete: VANCAYZEELE MARGAUX			Q-time: 01:34:97
PB (50m pool): 01:34.97 Lago Gent Rozebroeken 04/05/2025 PB (25m pool): 01:25.72 SB: no time			
	5 0 M	1 0 0 M	
PB	00:46.87	01:34.97	
	00:46.87	00:48.10	
			

Coach feedback:

Event number: 6: 100M BACKSTROKE WOMEN 11-16			Heat:6, starttime: 11:40
Heat: 6/21 Lane : 7 Athlete: VAN CAENEGEM FIEN			Q-time: 01:35:01
PB (50m pool): 01:34.35 LOCHRISTI 25/01/2026 PB (25m pool): 01:35.01 SB: 01:34.35 LOCHRISTI 25/01/2026			
	5 0 M	1 0 0 M	
PB	no time	01:34.35	
	no time		
			

Coach feedback:

Event number: 6: 100M BACKSTROKE WOMEN 11-16			Heat:7, starttime: 11:40
Heat: 7/21 Lane : 3 Athlete: HAMID ROYAH			Q-time: 01:31:82
PB (50m pool): 01:31.82 Lago Gent Rozebroeken 04/05/2025 PB (25m pool): 01:36.69 SB: no time			
	5 0 M	1 0 0 M	
PB	00:44.86	01:31.82	
	00:44.86	00:46.96	
			

Coach feedback:

Event number: 6: 100M BACKSTROKE WOMEN 11-16			Heat:8, starttime: 11:45
Heat: 8/21 Lane : 0 Athlete: DE WEVER LAURA			Q-time: 01:30:95
PB (50m pool): 01:30.95 Antwerp 02/02/2025 PB (25m pool): 01:23.87 SB: no time			
	5 0 M	1 0 0 M	
PB	00:43.95	01:30.95	
	00:43.95	00:47.00	
			

Coach feedback:

MEGA swim 26: Session: 1: COACH evaluation sheet for TEAM: FIRST

Event number: 6: 100M BACKSTROKE WOMEN 11-16			Heat:8, starttime: 11:45
Heat: 8/21 Lane : 6 Athlete: DE BIE LIZE			Q-time: 01:30:01
PB (50m pool): 01:26.15 LOCHRISTI 25/01/2026			PB (25m pool): 01:25.03 SB: 01:26.15 LOCHRISTI 25/01/2026
	5 0 M	1 0 0 M	
PB	no time	01:26.15	
	no time		
			

Coach feedback:

Event number: 6: 100M BACKSTROKE WOMEN 11-16			Heat:9, starttime: 11:45
Heat: 9/21 Lane : 0 Athlete: RUTTEN LEONIE			Q-time: 01:29:39
PB (50m pool): 01:29.39 Antwerpen 13/07/2025			PB (25m pool): 01:23.97 SB: no time
	5 0 M	1 0 0 M	
PB	00:44.41	01:29.39	
	00:44.41	00:44.98	
			

Coach feedback:

Event number: 6: 100M BACKSTROKE WOMEN 11-16			Heat:9, starttime: 11:45
Heat: 9/21 Lane : 3 Athlete: VERBERT KAAT			Q-time: 01:28:87
PB (50m pool): 01:21.83 LOCHRISTI 25/01/2026			PB (25m pool): 01:26.83 SB: 01:21.83 LOCHRISTI 25/01/2026
	5 0 M	1 0 0 M	
PB	no time	01:21.83	
	no time		
			

Coach feedback:

Event number: 6: 100M BACKSTROKE WOMEN 11-16			Heat:11, starttime: 11:50
Heat: 11/21 Lane : 6 Athlete: DAEM HANNELISE			Q-time: 01:26:11
PB (50m pool): 01:24.16 LOCHRISTI 25/01/2026			PB (25m pool): 01:24.78 SB: 01:24.16 LOCHRISTI 25/01/2026
	5 0 M	1 0 0 M	
PB	no time	01:24.16	
	no time		
			

Coach feedback:

MEGA swim 26: Session: 1: COACH evaluation sheet for TEAM: FIRST

Event number: 6: 100M BACKSTROKE WOMEN 11-16			Heat:11, starttime: 11:50
Heat: 11/21 Lane : 9 Athlete: VELGHE LAUREN			Q-time: 01:27:14
PB (50m pool): 01:27.14 Lago Gent Rozebroeken 04/05/2025 PB (25m pool): no time SB: no time			
	5 0 M	1 0 0 M	
PB	00:42.95	01:27.14	
	00:42.95	00:44.19	
			

Coach feedback:

Event number: 6: 100M BACKSTROKE WOMEN 11-16			Heat:12, starttime: 11:50
Heat: 12/21 Lane : 3 Athlete: MENU NINA			Q-time: 01:23:91
PB (50m pool): 01:23.91 Antwerpen 13/07/2025 PB (25m pool): 01:21.39 SB: no time			
	5 0 M	1 0 0 M	
PB	00:40.14	01:23.91	
	00:40.14	00:43.77	
			

Coach feedback:

Event number: 6: 100M BACKSTROKE WOMEN 11-16			Heat:12, starttime: 11:50
Heat: 12/21 Lane : 8 Athlete: DE GRIEVE ONA			Q-time: 01:24:66
PB (50m pool): 01:23.09 Aalst 28/04/2024 PB (25m pool): 01:20.81 SB: no time			
	5 0 M	1 0 0 M	
PB	no time	01:23.09	
	no time		
			

Coach feedback:

Event number: 6: 100M BACKSTROKE WOMEN 11-16			Heat:13, starttime: 11:55
Heat: 13/21 Lane : 0 Athlete: VAN GHELUE RINSKE			Q-time: 01:23:75
PB (50m pool): 01:23.63 LOCHRISTI 25/01/2026 PB (25m pool): 01:18.99 SB: 01:23.63 LOCHRISTI 25/01/2026			
	5 0 M	1 0 0 M	
PB	no time	01:23.63	
	no time		
			

Coach feedback:

MEGA swim 26: Session: 1: COACH evaluation sheet for TEAM: FIRST

Event number: 6: 100M BACKSTROKE WOMEN 11-16			Heat:13, starttime: 11:55
Heat: 13/21 Lane : 1 Athlete: DE BACKER SOPHIE			Q-time: 01:23:57
PB (50m pool): 01:21.01 LOCHRISTI 25/01/2026			PB (25m pool): 01:23.60 SB: 01:21.01 LOCHRISTI 25/01/2026
	5 0 M	1 0 0 M	
PB	no time	01:21.01	
	no time		
			

Coach feedback:

Event number: 6: 100M BACKSTROKE WOMEN 11-16			Heat:13, starttime: 11:55
Heat: 13/21 Lane : 2 Athlete: DE ROYE YELENA			Q-time: 01:22:60
PB (50m pool): 01:22.60 Zwembad Brigitte Becue 30/05/2025			PB (25m pool): 01:20.08 SB: no time
	5 0 M	1 0 0 M	
PB	00:40.37	01:22.60	
	00:40.37	00:42.23	
			

Coach feedback:

Event number: 6: 100M BACKSTROKE WOMEN 11-16			Heat:14, starttime: 11:55
Heat: 14/21 Lane : 6 Athlete: DE SMAELE KENZA			Q-time: 01:21:01
PB (50m pool): 01:21.01 Zwembad Brigitte Becue 30/05/2025			PB (25m pool): 01:17.62 SB: 01:21.06 LOCHRISTI 25/01/2026
	5 0 M	1 0 0 M	
PB	00:39.55	01:21.01	
	00:39.55	00:41.46	
			

Coach feedback:

Event number: 6: 100M BACKSTROKE WOMEN 11-16			Heat:15, starttime: 12:00
Heat: 15/21 Lane : 4 Athlete: BOGAERT HANNE			Q-time: 01:19:99
PB (50m pool): 01:19.99 Zwembad Brigitte Becue 30/05/2025			PB (25m pool): 01:16.04 SB: no time
	5 0 M	1 0 0 M	
PB	00:38.77	01:19.99	
	00:38.77	00:41.22	
			

Coach feedback:

MEGA swim 26: Session: 1: COACH evaluation sheet for TEAM: FIRST

Event number: 6: 100M BACKSTROKE WOMEN 11-16			Heat:16, starttime: 12:00
Heat: 16/21 Lane : 9 Athlete: STORME IEME			Q-time: 01:19:96
PB (50m pool): 01:19.96 Lago Gent Rozebroeken 04/05/2025 PB (25m pool): 01:16.45 SB: no time			
	5 0 M	1 0 0 M	
PB	00:38.89	01:19.96	
	00:38.89	00:41.07	
			

Coach feedback:

Event number: 6: 100M BACKSTROKE WOMEN 11-16			Heat:17, starttime: 12:05
Heat: 17/21 Lane : 0 Athlete: DEGRANDE AN			Q-time: 01:18:06
PB (50m pool): 01:18.06 Antwerpen 13/07/2025 PB (25m pool): 01:14.26 SB: no time			
	5 0 M	1 0 0 M	
PB	00:37.29	01:18.06	
	00:37.29	00:40.77	
			

Coach feedback:

Event number: 6: 100M BACKSTROKE WOMEN 11-16			Heat:17, starttime: 12:05
Heat: 17/21 Lane : 2 Athlete: CANTRé EMILIE			Q-time: 01:17:55
PB (50m pool): 01:17.55 Lago Gent Rozebroeken 04/05/2025 PB (25m pool): 01:14.21 SB: 01:19.47 LOCHRISTI 25/01/2026			
	5 0 M	1 0 0 M	
PB	00:36.92	01:17.55	
	00:36.92	00:40.63	
			

Coach feedback:

Event number: 6: 100M BACKSTROKE WOMEN 11-16			Heat:17, starttime: 12:05
Heat: 17/21 Lane : 9 Athlete: BEULENS LOTTE			Q-time: 01:18:59
PB (50m pool): 01:18.59 Lago Gent Rozebroeken 04/05/2025 PB (25m pool): 01:14.17 SB: no time			
	5 0 M	1 0 0 M	
PB	00:37.87	01:18.59	
	00:37.87	00:40.72	
			

Coach feedback:

MEGA swim 26: Session: 1: COACH evaluation sheet for TEAM: FIRST

Event number: 7: 100M BACKSTROKE MIXED 10-9			Heat:2, starttime: 12:15
Heat: 2/4 Lane : 8 Athlete: VAN DEN BRULLE EBE			Q-time: 99:99:99
PB (50m pool): no time PB (25m pool): no time SB: no time			
	5 0 M	1 0 0 M	
PB	no time	no time	
	no time		
	.	.	

Coach feedback:

Event number: 7: 100M BACKSTROKE MIXED 10-9			Heat:3, starttime: 12:20
Heat: 3/4 Lane : 3 Athlete: VANDENWEGHE THOMAS			Q-time: 01:54:58
PB (50m pool): 01:54.58 Lago Gent Rozebroeken 04/05/2025 PB (25m pool): 01:44.29 SB: no time			
	5 0 M	1 0 0 M	
PB	00:54.52	01:54.58	
	00:54.52	01:00.06	
	.	.	

Coach feedback:

Event number: 7: 100M BACKSTROKE MIXED 10-9			Heat:3, starttime: 12:20
Heat: 3/4 Lane : 8 Athlete: VAN CAENEGEM LARS			Q-time: 99:99:99
PB (50m pool): no time PB (25m pool): no time SB: no time			
	5 0 M	1 0 0 M	
PB	no time	no time	
	no time		
	.	.	

Coach feedback:

Event number: 7: 100M BACKSTROKE MIXED 10-9			Heat:3, starttime: 12:20
Heat: 3/4 Lane : 9 Athlete: VAN HOECKE OONA			Q-time: 99:99:99
PB (50m pool): no time PB (25m pool): no time SB: no time			
	5 0 M	1 0 0 M	
PB	no time	no time	
	no time		
	.	.	

Coach feedback:

MEGA swim 26: Session: 1: COACH evaluation sheet for TEAM: FIRST

Event number: 8: 200M MEDLEY MEN 11-14					Heat:2, starttime: 12:30
Heat: 2/11 Lane : 7 Athlete: VERMEIR CAS					Q-time: 99:99:99
PB (50m pool): no time PB (25m pool): no time SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

Event number: 8: 200M MEDLEY MEN 11-14					Heat:2, starttime: 12:30
Heat: 2/11 Lane : 8 Athlete: BOGAERT OSCAR					Q-time: 99:99:99
PB (50m pool): no time PB (25m pool): no time SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

Event number: 8: 200M MEDLEY MEN 11-14					Heat:2, starttime: 12:30
Heat: 2/11 Lane : 9 Athlete: DE VEERMAN ILAN					Q-time: 99:99:99
PB (50m pool): no time PB (25m pool): no time SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

Event number: 8: 200M MEDLEY MEN 11-14					Heat:3, starttime: 12:30
Heat: 3/11 Lane : 1 Athlete: VEYS ARTHUR					Q-time: 99:99:99
PB (50m pool): no time PB (25m pool): no time SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

MEGA swim 26: Session: 1: COACH evaluation sheet for TEAM: FIRST

Event number: 8: 200M MEDLEY MEN 11-14					Heat:3, starttime: 12:30
Heat: 3/11 Lane : 5 Athlete: DE CRAENE NATHEN					Q-time: 99:99:99
PB (50m pool): no time PB (25m pool): no time SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

Event number: 8: 200M MEDLEY MEN 11-14					Heat:3, starttime: 12:30
Heat: 3/11 Lane : 7 Athlete: MILLET NOAH					Q-time: 99:99:99
PB (50m pool): no time PB (25m pool): no time SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

Event number: 8: 200M MEDLEY MEN 11-14					Heat:4, starttime: 12:35
Heat: 4/11 Lane : 4 Athlete: COSYN MATS					Q-time: 03:37:82
PB (50m pool): no time PB (25m pool): 03:37.82 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

Event number: 8: 200M MEDLEY MEN 11-14					Heat:4, starttime: 12:35
Heat: 4/11 Lane : 8 Athlete: VAN KERKHOVE JORICK					Q-time: 03:47:84
PB (50m pool): no time PB (25m pool): 03:47.84 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

MEGA swim 26: Session: 1: COACH evaluation sheet for TEAM: FIRST

Event number: 8: 200M MEDLEY MEN 11-14					Heat:5, starttime: 12:40
Heat: 5/11 Lane : 0 Athlete: ACKE MANU					Q-time: 03:26:47
PB (50m pool): 03:26.47 Zwembad Brigitte Becue 30/05/2025 PB (25m pool): 03:25.91 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:53.12	01:43.70	02:43.39	03:26.47	
	00:53.12	00:50.58	00:59.69	00:43.08	
					

Coach feedback:

Event number: 8: 200M MEDLEY MEN 11-14					Heat:5, starttime: 12:40
Heat: 5/11 Lane : 2 Athlete: COESSENS KOBE					Q-time: 03:19:57
PB (50m pool): 03:19.57 Antwerpen 13/07/2025 PB (25m pool): 03:15.86 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:47.98	01:37.00	02:36.73	03:19.57	
	00:47.98	00:49.02	00:59.73	00:42.84	
					

Coach feedback:

Event number: 8: 200M MEDLEY MEN 11-14					Heat:5, starttime: 12:40
Heat: 5/11 Lane : 9 Athlete: TRIEST JULES					Q-time: 03:33:37
PB (50m pool): 03:33.37 Antwerpen 13/07/2025 PB (25m pool): 03:25.34 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:49.88	01:43.47	02:45.76	03:33.37	
	00:49.88	00:53.59	01:02.29	00:47.61	
					

Coach feedback:

Event number: 8: 200M MEDLEY MEN 11-14					Heat:6, starttime: 12:45
Heat: 6/11 Lane : 6 Athlete: CASTEUR NICOLAS					Q-time: 03:11:57
PB (50m pool): 03:11.57 Zwembad Brigitte Becue 30/05/2025 PB (25m pool): no time SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:42.89	01:32.93	02:28.76	03:11.57	
	00:42.89	00:50.04	00:55.83	00:42.81	
					

Coach feedback:

MEGA swim 26: Session: 1: COACH evaluation sheet for TEAM: FIRST

Event number: 8: 200M MEDLEY MEN 11-14					Heat:6, starttime: 12:45
Heat: 6/11 Lane : 7 Athlete: DAEM JOPPE					Q-time: 03:13:71
PB (50m pool): 03:13.71 Zwembad Brigitte Becue 30/05/2025 PB (25m pool): 03:02.69 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:43.89	01:32.99	02:32.70	03:13.71	
	00:43.89	00:49.10	00:59.71	00:41.01	
					

Coach feedback:

Event number: 8: 200M MEDLEY MEN 11-14					Heat:7, starttime: 12:50
Heat: 7/11 Lane : 1 Athlete: TIMMERMANS THEO					Q-time: 03:06:59
PB (50m pool): no time PB (25m pool): 03:06.59 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

Event number: 8: 200M MEDLEY MEN 11-14					Heat:7, starttime: 12:50
Heat: 7/11 Lane : 4 Athlete: GERRITSEN BRUNO					Q-time: 03:00:57
PB (50m pool): 03:00.57 Antwerpen 13/07/2025 PB (25m pool): 03:02.98 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:43.68	01:30.40	02:18.43	03:00.57	
	00:43.68	00:46.72	00:48.03	00:42.14	
					

Coach feedback:

Event number: 8: 200M MEDLEY MEN 11-14					Heat:7, starttime: 12:50
Heat: 7/11 Lane : 9 Athlete: MILLET LUCAS					Q-time: 03:10:73
PB (50m pool): no time PB (25m pool): 03:10.73 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

MEGA swim 26: Session: 1: COACH evaluation sheet for TEAM: FIRST

Event number: 8: 200M MEDLEY MEN 11-14					Heat:8, starttime: 12:50
Heat: 8/11 Lane : 6 Athlete: UVYN MAXIM					Q-time: 02:57:65
PB (50m pool): 02:57.65 Antwerpen 13/07/2025					PB (25m pool): 02:55.66 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:38.42	01:23.35	02:17.39	02:57.65	
	00:38.42	00:44.93	00:54.04	00:40.26	
					

Coach feedback:

Event number: 8: 200M MEDLEY MEN 11-14					Heat:8, starttime: 12:50
Heat: 8/11 Lane : 8 Athlete: DE CHAMPS LOÏC					Q-time: 02:59:52
PB (50m pool): 02:59.52 Antwerpen 13/07/2025					PB (25m pool): 02:54.66 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:37.69	01:24.31	02:17.62	02:59.52	
	00:37.69	00:46.62	00:53.31	00:41.90	
					

Coach feedback:

Event number: 8: 200M MEDLEY MEN 11-14					Heat:9, starttime: 12:55
Heat: 9/11 Lane : 3 Athlete: BECK STANN					Q-time: 02:52:90
PB (50m pool): 02:52.90 Antwerp 26/01/2025					PB (25m pool): 02:47.29 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:38.87	01:24.07	02:13.53	02:52.90	
	00:38.87	00:45.20	00:49.46	00:39.37	
					

Coach feedback:

Event number: 8: 200M MEDLEY MEN 11-14					Heat:11, starttime: 13:00
Heat: 11/11 Lane : 3 Athlete: DE BIE DAAN					Q-time: 02:32:59
PB (50m pool): 02:32.59 Antwerpen 20/07/2025					PB (25m pool): 02:31.12 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:31.92	01:11.18	01:58.09	02:32.59	
	00:31.92	00:39.26	00:46.91	00:34.50	
					

Coach feedback: